

Conferences by *topic area*, day by day

Thursday Medical, Longevity & Future Health · Friday Technology, Investment & Business Growth · Saturday Sports, Travel & Future Lifestyle · Sunday Real Estate, Smart Living & Premium Commerce. Timings are the standing programme framework; each city edition confirms speakers and exact times — confirmed programme at www.vivavitaexpos.com/schedule, dates and cities at www.vivavitaexpos.com/calendar.

TIME	Thursday MEDICAL, LONGEVITY & FUTURE HEALTH	Friday TECHNOLOGY, INVESTMENT & BUSINESS GROWTH	Saturday SPORTS, TRAVEL & FUTURE LIFESTYLE	Sunday REAL ESTATE, SMART LIVING & PREMIUM COMMERCE
09:00	Registration & networking	Registration & business networking	Doors open	Doors open
10:00	Opening session 10:00–10:30	Technology & Innovation Conference 10:00–12:00 · AI, digital platforms, robotics, smart technology, emerging solutions	Sports, Golf & Fitness Conference 10:00–12:00 · performance, fitness, golf, recovery, active lifestyle	Real Estate & Smart Living Conference 10:00–12:00 · international property, wellness communities, sustainable development, future living
10:30	Medical & Longevity Conference 10:30–12:30 · preventive medicine, diagnostics, regenerative health, healthy aging, future healthcare			
12:00 – 13:30	Networking lunch 12:30–13:30	Networking lunch 12:00–13:00	Networking lunch 12:00–13:00	Networking lunch 12:00–13:00
13:00 – 15:30	Clinics, Biohacking & Human Performance 13:30–15:30 · clinic development, wellness technology, performance, recovery, personalized health	Investment & Startup Forum 13:00–15:00 · startup presentations, investor insights, growth opportunities	Travel, Hospitality & Wellness Tourism 13:00–15:00 · luxury travel, hotels, resorts, retreats, destination development	Luxury Retail & Premium Commerce 13:00–15:00 · luxury brands, fashion, jewelry, retail, e-commerce, distribution
15:00 – 16:00	Networking break 15:30–16:00	Networking break 15:00–15:30	Networking break 15:00–15:30	Networking break 15:00–15:30
15:30 – 18:00	Beauty, Medical Aesthetics & Health Innovation 16:00–18:00 · presentations, panels, product spotlights	International Business & Market Expansion 15:30–17:00 · growth, distribution, partnerships, global market entry	Lifestyle, Beauty & Consumer Innovation 15:30–17:30 · new products, lifestyle trends, beauty, personal care, premium experiences	Future Trends & Cross-Industry Collaboration 15:30–17:00 · closing programme connecting health, technology, lifestyle, investment, sustainable growth
17:00 – 18:00	Exhibitor showcase & networking	Founders & Investors Networking 17:00–18:00	Speaker & Community Networking 17:30–18:00	Closing Session & Final Networking 17:00–18:00

Conference topic areas follow the nine pavilions: Medical & Longevity · Biohacking & Human Performance · Beauty & Medical Aesthetics · Sports, Golf & Fitness · Travel & Lifestyle · Real Estate & Smart Living · Technology & Innovation · Investment, Startups & Growth · Luxury Retail & Premium Commerce. Call for Speakers: www.vivavitaexpos.com/conference/speakers · Tickets: info@gotoapex.com · Exhibit: www.abc-worldwide.com/exhibitor · Register in Ecosystem: www.myapex.me